

# This Week's Menu

G=Gluten  
E=Egg  
D=Dairy  
S=Soya

Week: 1

## Monday

Dish of the Day  
Beef Burrito's (G,D)

Vegetarian Option  
5 Bean Burrito's (G,D)

Sides  
Corn on cob  
Tortilla's

Alternative  
Cheese, Egg or Tuna Baguette  
with salad  
(G,E,D)

Dessert  
Jam Tart (G)  
or Fresh Fruit

## Tuesday

Dish of the Day  
Sweet 'n' Sour  
Chicken

Vegetarian Option  
Sweet 'n' Sour Quorn  
(G)

Sides  
Rice/Noodles (G)  
Mange Tout

Alternative  
Cheese, Egg or Tuna Baguette  
with salad  
(G,E,D)

Dessert  
Banana Cake  
or Fresh Fruit  
(G,E)

## Wednesday

Dish of the Day  
Sausage Plait (G)

Vegetarian Option  
Cheese & Onion Plait (G,D)

Sides  
Roasted New Potatoes  
Green Beans  
Gravy

Alternative  
Cheese, Egg or Tuna Baguette  
with salad  
(G,E,D)

Dessert  
Plum Crumble & Custard  
or Fresh Fruit  
(G)

## Thursday

Dish of the Day  
Vegetable, Tomato &  
Basil Pasta Bake  
(G,D)

Sides  
Broccoli

Alternative  
Cheese, Egg or Tuna Baguette  
with salad  
(G,E,D)

Dessert  
Fruit Jelly  
or Fresh Fruit

## Friday

Dish of the Day  
Cod Fishcakes

Vegetarian Option  
Vegetable Cakes

Sides  
Wedges  
Baked Beans

Alternative  
Cheese, Egg or Tuna Baguette  
with salad  
(G,E,D)

Dessert  
Chocolate Chip Shortbread  
or Fresh Fruit  
(G,D)

