

This Week's Menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
Must=Mustard

Week: 3 **SUMMER 2022**

Monday

Dish of the Day
Chicken & Chorizo Paella (G)

Vegetarian Option
Quorn/Tofu Paella (G)

Sides
Carrots

Alternative
Cheese, tuna, egg or ham salad
(D, F, E, Must)

Dessert
Chocolate Shortbread (D)
Homemade yoghurt with fruit
compote
Fresh fruit

Tuesday

Dish of the Day
Beef Burritos (G)

Vegetarian Option
Vegetable Burritos (G, D)

Sides
Homemade Tortillas
Corn on the Cob

Alternative
Baked Potato with beans &
cheese (D)

Dessert
Pineapple Upside Down Cake
(E, G)
Homemade yoghurt with fruit
compote
Fresh fruit

Wednesday

Dish of the Day
Gammon & Pineapple

Vegetarian Option
Tomato, aubergine & halloumi
stack

Sides
Parsley New Potatoes
Green Beans

Alternative
Cheese or ham baguette (D, G)

Dessert
Bread & Butter Pudding with
apple & custard (G, D)
Homemade yoghurt with fruit
compote
Fresh fruit

Thursday

Dish of the Day
Hot Dogs (G)

Vegetarian Option
Quorn Dog (G, E)

Sides
Chips
Crudités

Alternative
Cheese, tuna, egg or ham salad
(D, F, E, Must)

Dessert
Raspberry & Coconut Sponge
(E, G)
Homemade yoghurt with fruit
compote
Fresh fruit

Friday

Dish of the Day
Mac 'n' Cheese (D, G)

Vegetarian Option

Sides
Carrots

Alternative
Cheese or ham baguette (D, G)

Dessert
Ice Cream (D)
Homemade yoghurt with fruit
compote
Fresh fruit

