



This week's menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
Must=Mustard

Week: 1 **SPRING 2024**

Monday

Dish of the Day
Lamb Shepherd's Pie

Vegetarian Option
Vegan Mince & Potato Pie (S)

Sides
Carrots

Alternative
Baked Potato with beans & cheese (D)

Dessert
Selection of fresh fruit
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls
Pasta Bake (G, D)

Tuesday

Dish of the Day
Pasta and choice of sauce
Carbonara, pomodoro or grated cheese (G, D, C)

Vegetarian Option

Sides
Green Beans

Alternative
Cheese or ham baguette (D, G)

Dessert
Jelly pots
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls
Sausage rolls (G)
Cheese sandwich (G, D)

Wednesday

Dish of the Day
Honey & rosemary turkey escalopes

Vegetarian Option
Honey roasted vegetables with feta and pumpkin seeds (D)

Sides
Roast potatoes
Peas
Gravy

Alternative
Baked Potato with tuna, beans or cheese (D, F, M)

Dessert
Chocolate sponge with chocolate custard (G, E, D)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls
Filled wraps – cheese, tuna, ham (G, M, D F)

Thursday

Dish of the Day
Chicken korma

Vegetarian Option
Vegetable korma

Sides
Rice
Cauliflower

Alternative
Cheese or ham baguette (D, G)

Dessert
Mango sorbet
Homemade yoghurt with fruit compote (D)
Fresh Fruit

Owls
Jacket potato with cheese/beans/tuna (M, F, D)

Friday

Dish of the Day
Fish fillet (F, G)

Vegetarian Option
Vegetable pasty (G, D)

Sides
Chips
Beans

Alternative
Baked Potato with beans & cheese (D)

Dessert
Ginger cookie (G, E)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls
Filled Rolls – cheese or ham (G, D)