



This week's menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
M=Mustard
C=Celery
SD=Sulphites

Week: 1 **SUMMER 2025**

Monday

Dish of the Day
Chicken Goujons (G)

Vegetarian Option
Buttermilk Quorn fillets
(G, D, E)

Sides
Mashed potato
Peas

Alternative
Cheese (D)/Ham/Tuna
Mayonnaise (E, M, F) baguette
(G)

Dessert
Fruit flapjack (G)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pitta & hummus (G)

Tuesday

Dish of the Day
Pasta bake (G, D, C)

Vegetarian Option

Sides
Broccoli

Alternative
Cheese (D)/Ham wrap (G)

Dessert
Fruit jelly
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Jacket potato with cheese (D)/
beans

Wednesday

Dish of the Day
Gammon & pineapple

Vegetarian Option
Stuffed peppers (G, D)

Sides
New potatoes
Carrots
Gravy

Alternative
Cheese (D)/Ham/Tuna
Mayonnaise (E, M, F) baguette
(G)

Dessert
Apple crumble & whipped
cream (G, D)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pesto pasta (G)

Thursday

Dish of the Day
Lamb tagine

Vegetarian Option
Vegetable tagine

Sides
Couscous or rice
Sweetcorn

Alternative
Cheese (D)/Ham wrap (G)

Dessert
Chocolate fridge cake
(G, D, S)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Sausage rolls or Cheese
sandwiches (G, D)

Friday

Dish of the Day
Fish fillet (F, G)

Vegetarian Option
Cheese & onion pasty (G, D)

Sides
Chips
Beans

Alternative
Jacket Potato with beans &
cheese (D)

Dessert
Fresh fruit
Homemade yoghurt with fruit
compote (D)

Owls
Selection of finger rolls (G)
Cheese (D)/Ham