

Monday Tuesday Wednesday Thursday Friday

Lunch

Week 1

Protein

Beef Bolognese	Margherita Pizza	Roast Turkey	Chicken Supreme	Fish Fingers
Veggie Bolognese		Roast Quorn	Vegan Quorn Supreme	Mac & Cheese

Carbohydrate

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Pasta	Wedges	Roast Potatoes	Rice	Fries
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Vegetables

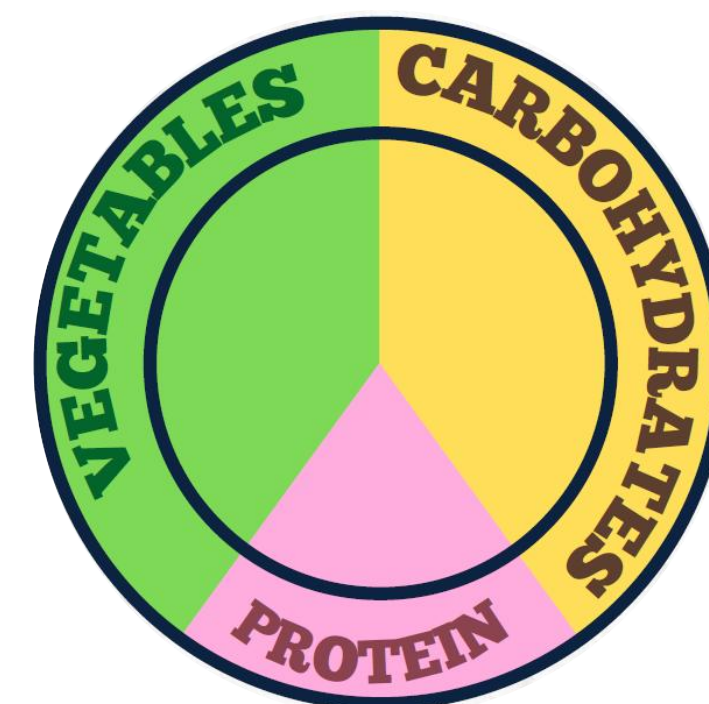
Green Beans	Corn on the Cob	Carrots	Peas	Peas
		Peas		Baked Beans
		Gravy		

Alternative

Wraps/ Baguettes/ Jacket Potato, Baked Beans, Cheese

Dessert

Upside Down Pineapple Cake	Seasonal Fruit	Strawberry Cheesecake Pot	Seasonal Fruit	Flapjack
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This menu has been reviewed by a certified Nutritionist



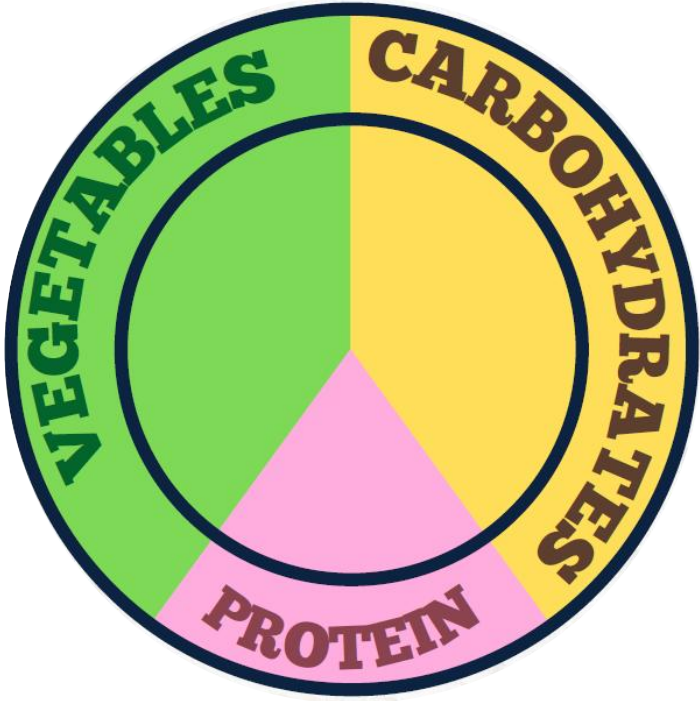
PROUDLY NOURISHED BY



LODESTONE
HOUSE

Lunch

Week 2



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PROUDLY NOURISHED BY



LODESTONE
HOUSE

Protein

Carbohydrate

Vegetables

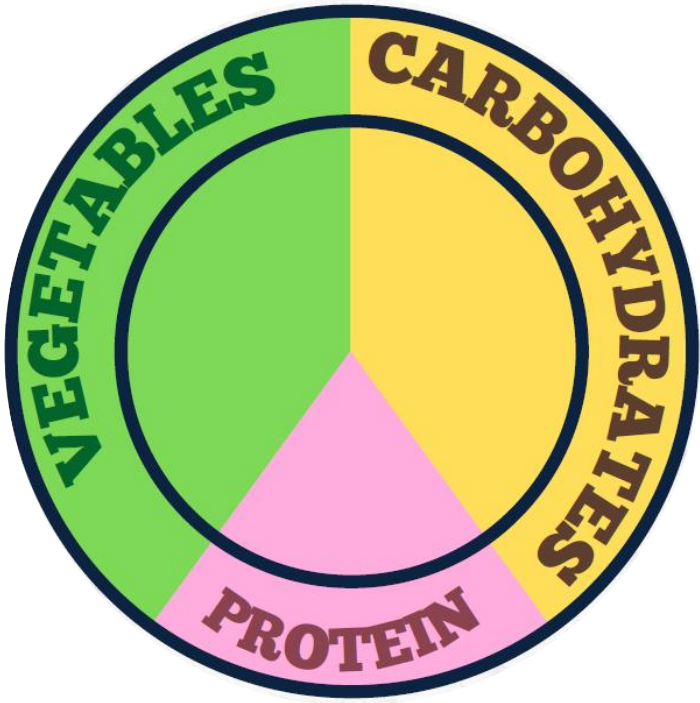
Alternative

Dessert

Monday	Tuesday	Wednesday	Thursday	Friday
Spanish Paella	Beef Cobbler	Chicken Enchilada	Carbonara Pasta	Hot Dog
Quorn Paella	Vegetable Pie	Veggie Enchilada	Tomato & Veggie Pasta	Vegetarian Hot Dog
New Potatoes				
Nachos				
Garlic Bread				
Fries				
Carrots	Sweetcorn	Coleslaw	Green Beans	Garden Peas
Crudites				
Baked Beans				
Wraps/ Baguettes/ Jacket Potato, Baked Beans, Cheese				
Lemon Shortbread	Seasonal Fruit	Jelly	Seasonal Fruit	Sponge Cake

Lunch

Week 3



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PROUDLY NOURISHED BY



LODESTONE
HOUSE

Protein

Carbohydrate

Vegetables

Alternative

Dessert

Monday

Tuesday

Wednesday

Thursday

Friday

Pasta Bake

Chicken
Goujons

Quorn Goujons

Shepherd's Pie

Cheesy Potato
Pie

Beef Lasagne

Vegetable
Lasagne

Breaded Fish

Vegetable Pastry

Sauté Potatoes

Garlic Bread

Fries

Broccoli

Peas

Green Beans

Carrots

Peas

Baked Beans

Wraps/ Baguettes/ Jacket Potato, Baked Beans, Cheese

Orange Cake

Seasonal Fruits

Jam Sponge with
Custard

Seasonal Fruits

Cookie